



## ***College Newsletter***



**McCarthy Catholic College**  
75 Mackellar Street Emu Plains NSW 2750

**College Phone:** 4728 8100

**Trade Training Centre Phone:** 4728 8129

**Uniform Shop Phone:** 4735 8220

**Email:** [mccarthy@parra.catholic.edu.au](mailto:mccarthy@parra.catholic.edu.au)

**Website:** [www.mccarthyemuplains.catholic.edu.au](http://www.mccarthyemuplains.catholic.edu.au)

WESTERN SYDNEY P-TECH PARTNERSHIP

MCCARTHY CATHOLIC COLLEGE

# **P-TECH**

PATHWAYS IN TECHNOLOGY



Supported by the Australian Government





## FROM THE PRINCIPAL

Dear Parents and friends of the McCarthy Community

Term 1 2018 has been an incredibly busy term with lots of events throughout the term such as the Year 7 camp, Year 11 Retreat, Open Night, Meet and Greet and P-TECH excursions have been but a few of the key events this term. All of the events have brought so much positivity, warmth and spirit to our whole school community. I am very appreciative of the efforts that staff, students and parents have made in building a supportive learning community here at McCarthy.

This term we have worked on ensuring that the learning at MCC is the best it can be in engaging and empowering our students in their learning. Year 7 started the term with a wonderful program called Big Fish, Little Fish which students felt assisted them immensely in their transition to High School. As a result we will be continuing this wonderful program that builds the capacity of students in this challenging step up to secondary school life. Year 7 students have also worked with their Year 11 buddies to build positive relationship beyond their own year group. Congratulations to our Year 7 students who have settled into our college extremely well and deserve to be very proud of their learning progress thus far.

Our senior students in Year 11 and 12 have been working diligently during Term 1 and also deserve high praise for their efforts in completing both class learning tasks and assessment work. Teachers are constantly providing feedback to students about how they can constantly improve their standard of work and hence their results in each course. The Year 11 and 12 Parent Teacher interviews were very well attended in Week 9 and we sincerely thank all parents and carers for your ongoing support of your child's learning. I encourage all parents/carers to contact our child's Year Leader of Learning or KLA Leader of Learning where there is a concern requiring a phone interview or school based interview about your child's teacher. However, the first point of contact is always your son's or daughter's teacher and I encourage everyone to engage in a learning conversation for the benefit of your child's learning. I am very proud of our Year 11 and 12 students in both the Trade Training Centre and the College who are cooperating with their teachers and are making great progress. Year 12 students will be receiving their Year 12 Semester One reports in Week 11 also. I would like to encourage all students to set new goals for each course based on your results in conjunction with your class teacher, homeroom teacher and Stage Leaders of Learning, Mr Stein, Mrs Weber and Mr Levy. It is so refreshing to see Year 12 so focused on achieving the best possible results and taking responsibility for their results by asking for feedback regularly from their teachers that will enable them to constantly make progress on the standard of their work. With a growth mindset approach to learning, students will always look for what they can work on next which allows for the opportunity to reflect, learn further and make the changes to the work that they submit that shows teachers their current standard. This mindset allows students to know that they are always developing new skills and knowledge with the support of fellow students with whom they collaborate and shows their teachers, anything is possible!

I attended the Future Schools conference recently with Mrs Sparkes where we had the privilege of attending a lecture by Sir Ken Robinson who reinforced to us that 21st Century learning should be about creativity, communication, collaboration and critical thinking. Our MCC Learning Framework is grounded in these principles and it was very encouraging to know that our model of learning is one that will develop learners who will have the enterprise skills that will equip them well for their future world of employment and the skills that will be demanded when they are completing school.

This week I had the pleasure of Year 12 HSC High Achievers Morning Tea with the Principal celebration. The students who were invited and recognised as high achievers were:

**Jorge Hormovas, Elayna D'Ermio, Lyndall Jones, Caitlin Callow, Kiara Auddino, Samuel Kanaan- Oringo and Zoe Crye.** I am continually amazed at the great achievements of the fine young people at McCarthy and congratulate all HSC students who completed this successfully in 2017.

Have a well deserved holiday break and stay safe with your family and friends.

God Bless

**Mrs Tania Cairns**  
**Principal Leader**





## FROM THE ASSISTANT PRINCIPAL

Dear Parents, Guardians and Students

Thank you for a great start to 2018. Our students are working hard in their classes and this can be seen in the **Student Learning Performance** grades.

Recently, I went to a conference and want to share some learnings about **cyber safety**.

If there is ever inappropriate content, sexting, someone asking for nudes or inappropriate language, bullying or harassment happening after school hours, [www.esafety.gov.au](http://www.esafety.gov.au) is a website set up by the government. On their website it says "The Office of the **eSafety** Commissioner leads **online safety** education for the Australian Government and protects Australian children when they experience cyberbullying by administering a complaints scheme. The Office also deals with complaints about prohibited online content".

On this webpage you can make a complaint and they will contact you to get you immediate help and support. There is also educational resources for families, parents and young people.

I also liked the document (you will find at end of this newsletter) from the [thinkuknow.org.au](http://thinkuknow.org.au) website and perhaps this may help our families and school to work together to support our children to grow up safe and supported with the ability to have enjoyable and responsible online interactions, relationships and experiences.

**Mrs Peta Sparkes**  
Assistant Principal



## FROM THE ASSISTANT PRINCIPAL

One unique feature of McCarthy is our Catholic Trade Training Centre (CTTC) pathway that is offered to Stage 6 students which has a heavy focus on supporting students completing School Based Apprenticeships and Traineeships. One area of the CTTC that families of McCarthy may be unaware of is the use of the facilities by other schools and other training providers. This year we have had a number of schools using our Bricklaying Facilities to complete Construction competencies with their students including:

- Delany College, Granville
- Gilroy College, Castle Hill
- Oakhill College, Castle Hill
- Maronite College of the Holy Family, Harris Park
- Xavier College, Llandilo
- St Columba's Catholic College, Springwood



We have also had an outside training company, My Trade Start run two Pre-Apprenticeship courses utilising our Automotive facilities. It is always a pleasure to host visitors on our site and to see our wonderful facilities being used to their potential. I would like to take this opportunity to thank Mrs Katrina Gill, TTC Administration Support Officer and Mr Linley Duval, TTC Trade Assistant for the work they do in organising and supporting these additional programs within the McCarthy CTTC.

**Mr John Wills**  
Assistant Principal  
Trade Training Centre



**McCarthy Catholic**  
Trade Training Centre

# RELIGIOUS EDUCATION

## Easter Assembly Prayer 2018



*I don't like being called hopeless! Christians are people of Hope. Why?*

*Our Christian Hope is supernatural and comes from our belief that God created us and God loves us in a very personal way, "We have our hope set on the living God" (1 Tim 4:10).*

*We believe that God created us for an ultimate purpose: to know Him and to love Him in this life so that we may attain eternal life with Him in Heaven. We believe that God the Son took on our human nature and was born of Mary in Bethlehem. He suffered and died on the cross to save us and that afterwards he rose from the dead conquering death and opening up Heaven to us as our first goal or purpose in life. We believe that He founded a church, his Mystical Body, which we can become a part through Baptism so that we could partake in the divine life of God the Grace we receive in the Sacraments.*

*"God gave us good hope through grace (2 Thess 2:16)" and "By his Mercy we have been born anew to a living Hope (1 Peter 1:3)". We the People of the McCarthy Catholic College have always had to rely on some sort of hope. People who live near the river and in the lower Blue Mountains have had to watch their families suffer through flood, drought and bushfires. Our typical response to these setbacks are usually something like "We may have lost everything, but we haven't lost our most precious gifts."*

*Why then do people always strive to be optimistic and persevere through problems? It is our human destiny to live in the hope, that there would be a brighter future for them and their children.*

*Historically our distinctively 'Christian Hope' has underpinned the natural hope of people. Unfortunately today there are many people who feel lost, alone, hopeless and miss the gift that is always offered by God to all of us every moment of every day, they no longer feel the grace of Christian Hope. Many people do not pray, they don't receive strength and grace from the Sacraments of the Church. A lot of people have never heard of or have forgotten the Good News of our hope in Christ and the meaning of life that he gives us. At McCarthy we have all experienced the Stations of the Cross that reinforced our beliefs. We all need to embrace the hope that Jesus gives us. We need to strengthen the presence of the Church in our lives. The Church is the Body of Christ, made up of you, our precious young men and women (and our teachers) who are gifts to your family, friends and our college. We are all called to be beacons of hope in our world. The Church is where we meet as brothers and sisters in the Lord. It is where we receive God's Word and Sacrament, where we experience the fact that we are not alone in our Hope, we are a community of Faith in which we demonstrate **Integrity, Justice and Peace**. We need to "tap into" the life of the Church, "That we may seize the hope set before us (Heb 6:18)", and invite others to do the same this Easter.*

**Mr Robert Feeney**

**Leader of Religious Education and Mission**





# HEAD OF STUDENT WELLBEING AND LEARNING

One of our Year 11 Students, Lily Myer-Gleaves, was able to listen to a presentation by Dr Chris Seton about healthy sleep. Lily was able to take the following notes and I would like to thank her for her efforts. These are valuable notes for all of us to consider.

Sleep is important but is extremely undervalued in children and adolescents.

## ***'Three pillars' of health are:***

- *Good nutrition*
- *Regular exercise*
- *Good sleep*

70% of adolescents are sleep deprived and this number has doubled in the past 15 years due to being 'too busy' and the increasing screen time especially at night time due to advancing technology. Australia is the 3rd worst globally in regards to sleep deprivation in young people with 2 out of 3 Australian adolescents not getting enough sleep.

## ***Sabotage's of sleep include:***

- *24 hour connectedness*
- *FOMO (Fear Of Missing Out)*
- *Daylight Savings*
- *Chronic Body Clock maladjustments*
- *Part Time Jobs*
- *Over Scheduling*
- *Ambition, pressure and stress*

## ***Screens and Technology:***

- *Delays bedtime because dopamine and adrenaline surges which promotes wakefulness*
- *Due to the portability of mobile devices, children can take them into beds*
- *Blue light sends signals to "wake up" - Light is more intense on smaller screens coupled with the screen being held close to the face means that this "wake up" signal is very strong.*

Effects of Sleep Deprivation	Regular Sleep Benefits
<ul style="list-style-type: none"><li>◆ Increased risks of addictions</li><li>◆ Body image issues</li><li>◆ Increased risks of obesity &amp; health issues</li><li>◆ Increased risks of infections</li><li>◆ Increased risks of depression</li><li>◆ Increased risks of bullying &amp; cyber-bullying</li><li>◆ Increased risks of anxiety</li><li>◆ Moral and ethical judgements are poorer</li><li>◆ Increased risks of motor vehicle accidents</li><li>◆ Increased risks of self esteem issues</li><li>◆ Increased risk of drug use</li><li>◆ Increased risks of family and relationship breakdown</li></ul>	<ul style="list-style-type: none"><li>◆ Improved resilience</li><li>◆ Improved learning</li><li>◆ Health benefits</li><li>◆ Positive outlook on life</li><li>◆ Improved ability to cope with stress</li><li>◆ Improved stamina and sport ability</li><li>◆ Improved relationships (family, friends, teachers, workplace)</li><li>◆ Overall happiness</li></ul>

## ***Interesting Facts***

- *On average, the top 10% of academic achievers in Australian schools get an extra 40 minutes of sleep a night.*
- *1 in 6 teens are 'night owls'.*
- *Those with inadequate sleep, who are genetically at risk of depression and anxiety, are at a greater risk of mental illness if they are sleep deprived.*
- *Good sleep means a greater increase in resilience and mood when coping with stress.*

### What can I do?

- View sleep as something precious and prioritise.
- Is your sleep problematic? Recognise this if it is!
- Organisational tactics (avoid sleep delays).
- Bedtime (aim for a minimum of 8 hours).
- Develop a sleep routine - shower/bath, reading real book for leisure, chill out music, night time snack, brush teeth, lights out, prayer and then meditation if necessary.
- At least 30 minute wind down time (no screens or technology).
- Do it now!!
- **Place phones and devices outside of bedroom.**
- Moods will increase in 4-6 weeks as sleep improvements are made.

### What should I do if the above strategies don't work?

- Don't stress and seek professional help.
- Websites like **SleepShack** that treat and assess sleep deprivation can be a useful first "port of call".

**Mr Martin Stein**

**Head of Student Wellbeing and Learning**

---

## **HEAD OF LEARNING**

The term has flown past and many events have been held during this time. The college has held information evenings for Years 10 and 11 in relation to assessment requirements for the Record of School Achievement (RoSA), and a meet and greet evening for Year 7 parents. The college also held its Open Night which received many positive comments from parents who are in the process of making important decisions about their children's secondary education.

In the last few weeks, parents of Years 11 and 12 students have had the opportunity to attend interviews with teachers to talk about their children's academic progress and discuss how parents and teachers can support the students in their senior study.

These events have occurred around a number of other experiences such as Opening School Mass, Ash Wednesday and Easter liturgies, Year 11 Retreat, Year 7 Camp, Industry Placement, representative sport, excursions, a visit from Japanese students from Utsunomiya High School as well as the normal lessons across the term.

I would like to take the opportunity to thank the students who have engaged in the learning opportunities and their teachers who have worked tirelessly to provide these many opportunities as well as all other staff who contribute in many ways to ensure the day-to-day running of the college. For this to happen, the college needs the support of parents and carers who are advocates for their children. I thank the parents and carers for their enthusiasm and desire to ensure the best opportunities for their children.

Next term, the Years 7 and 9 students will be completing the NAPLAN tests in Week 3 (Tuesday, 15 May to Thursday, 17 May). It will be an appropriate time to see how the students have progressed in the last two years in terms of reading, writing, language conventions and numeracy. The results will inform the teachers of the areas of strength and concerns for their classes.

The HSC reforms which were announced last year included a requirement for students to attain a minimum standard for literacy and numeracy to be eligible for the Higher School Certificate (HSC) from 2020 onwards. When the announcement was made it stated that Year 9 NAPLAN results would be used as the first opportunity for students to demonstrate that they have reached the minimum standard if they achieved a Band 8 for reading, writing and numeracy. After it was implemented last year, it has been realised that many students became overly stressed in sitting the NAPLAN tests and it worked against the underlying principles of NAPLAN testing. The decision has been made that Year 9 NAPLAN this year and in the future will not be used as the first opportunity for students to demonstrate achievement of the minimum standard for literacy and numeracy to be eligible for the HSC (the first opportunity for these students will be in Year 10 next year using online literacy and numeracy tests).

**Mr Paul Rochfort**

**Head of Learning**

## ENGLISH UPDATE

What a fantastic start to the year it has been in English. We are so impressed with the mature attitude and focus on learning that we are seeing in classes across the whole school.

In Stage 4, our **Year 7** students have embraced the different learning environment that has been offered by our Project Based Learning (PBL) environment. We have seen some fantastic first projects across the whole of Year 7 where they had to inform others about PBL. These were on display at our College Open Night and everyone was impressed with the quality and effort that went into these works. In **Year 8**, the focus has been on drama using the play *Boy Overboard*, students have worked in groups to create their own interpretation of a significant scene.

In Stage 5, **Year 9** has been studying the way that language is a powerful tool to persuade others of your opinion. Students have examined various print and filmed media to examine how important issues are conveyed to them. The Year 10 teachers are so excited to see the work that **Year 10** are currently producing, it has been a proud moment for us all to witness the students really embrace and idea that is important to them. They have been asked to create a speech or performance poetry and we cannot wait to share some of the final product with you all in our next newsletter item. Year 10 were also extremely fortunate to have a poetry group come to perform to them during Week 8. This opportunity was made available to them to help them with the formulation of their own speech or performance poem.

Our **Year 12 Advanced** students are challenging themselves with one of the most complex Shakespeare plays, King Richard III. To help them understand the relationship between the characters they have created a visual representation which demonstrates the deep knowledge of the play they are beginning to possess.

Please remember that every student in Year 7-10 is expected to have a novel or something to read for each lesson to participate in our wide reading program. Finally, all students are welcome to attend English Help on a Wednesday afternoon in the College library.





## **PUBLIC SPEAKING REPORT**

Each year McCarthy enters the Catholic Schools Debating Association's public speaking competition. Students are given a range of topics in which to craft a speech which challenges them to think about issues in our world and develop their skills as an orator. This competition is always incredibly tough, however McCarthy students always rise to the occasion and put forward their best efforts. This year the students who participated in the first round were:

### **Year 7:**

Byron Gillon  
Jordan Waterhouse

### **Year 8:**

Alicia Penny  
Olivia Auddino

### **Year 9:**

Makayla Vanderkolk

### **Year 11:**

Rachel Cole  
Raquel Bugeja  
Gabrielle Gregory



Olivia Auddino and Gabrielle Gregory both managed to make it to the second round, where they were up against some impressive competition. While it is always great to win, public speaking is about challenging yourself to improve your communication and developing confidence. With that in mind I speak for all of the coaches in expressing our pride in how dedicated each student was and how well they represented themselves and the college.

A personal thank you to the staff who coached this year, this is not possible without them. The coaches were: Mrs Hughes, Mrs Matthews, Mrs Samuel, Mrs Bull, Ms Basset, Miss Nohra and Mrs Biasotti.

Next up, debating!

**Mrs Una Hughes**

**Leader of Learning - English**

---

## **SCIENCE UPDATE**

The current **Year 11** students across the state are the first cohort to undertake a new Science Syllabus that was released last year. It has seen a far greater focus on the skills used in the application of Science. This requires students to undertake certain periods of time to undertake 'Depth Studies' where the students are asked to not only undertake practical investigations but also they need to go through the entire design process. Year 11 Biology have recently been investigating the activity of enzymes and factors that affect the activity in different environments.

**Mr Tim Cook**

**Leader of Learning - Science**





## TAS Update

### YEAR 8 – Slice of Pizza STEM Project

Since the beginning of the term, Year 8 have been working on a combined skills learnt through different subject areas. In Maths classes they have worked on fractions and GST, Science – how the body works and nutrition, while in TAS they have been learning about food ingredients, food labelling and food preparation skills. Over the last two weeks the students have worked in groups to plan a pizza of their choice and design the packaging for a pizza box to meet the Australian standards in food packaging.

Over two lessons the students made the mixture, kneaded the dough and added their toppings, then placed them in our wood fire pizza oven to cook. It was wonderful to see an array of shapes and toppings across the year group. All the students had huge smiles on their faces while producing and eating the end product.

*“As a student, I learnt how to make a pizza for the first time by learning what ingredients we need to use and how to read of a recipe using different measurements and materials. I enjoyed this new way of learning and loved how we found a interest”. Ramya*

*“As a student I learnt how to create a pizza and how much work it was to actually do it in just a couple of hours. I thought it was super fun and cool how I got to experience that”. Emily*

*“As a student I learnt how to cooperate with others to create an amazing pizza. Learning what ingredients we needed and what method we needed to follow was a fun and challenging experience”. Phoenix*

**Ms Jacqueline Murphy**

**Leader of Learning - TAS**





## HSIE Update

### **Medieval Day**

Year 8 celebrated medieval day on 22 March 2018. Year 12 Hospitality students contributed to the day making homemade apple cider, a beverage that was consumed during the medieval times. They prepared and served 105 drinks for all students, guests and teachers. The drink made had a commercial twist adding a cinnamon flavour for all to enjoy.

**Ms Anne Raco**

**TAS Teacher**



## YEAR 12 REPORT

The Year 12 College students completed their half yearly examinations and have been receiving their results. We have done some work on the importance of ranks within the cohort BUT more significantly, we have discussed the importance of all students working to their potentials within the class to ensure that all students achieve their highest standards. As the HSC is a standards referenced assessment, the standard of work being achieved is often more important than the rank. Teachers are striving hard to help students learn where their weaknesses are and how to improve their performance standards. I encourage students to use that support to its potential. There are holiday study sessions being run by many teachers so I also encourage students to consider their needs and best methods of being able to focus and if that is at school, then take advantage of those opportunities. Most coursework will be finished by the end of term 3 so that is not far away at all!

**Mr Martin Stein**

**Stage 6 Leader of Learning**



## YEAR 7 REPORT

**WOW**..... what a experience camp was! Year 7 most certainly went above and beyond the expectations of stepping out of their comfort zones. We had so many students who stood up and never gave up in facing their fears of heights, dirt, mud etc. Even the teachers, I am sure the kids both loved my and Mr Durkin's reactions to the giant swing. I am so proud of this year group and for what they presented at this camp, if this is the determination they have then I am certainly looking forward to how this group uses and brings this drive and determination to their learning & classroom experiences.

To further support the new connections we made at camp we have asked all of Year 7 to remain off their devices at recess and lunch (making a quick call or text home during break time is fine if required) until the end of term, we hope this will assist them in building on the new bonds / friendships made during camp.

I would also like to thank my team of teachers who took time away from their families to participate in the camp: Mr Durkin, Ms Bassett, Mrs McDonald, Mr Sullivan, Mr Elston, Mrs Christman, Mrs Bull and Mr Taylor.

Lastly, just referring to Mr McGuire's information section regarding Google Classroom, please take the time to read over this information when it comes to teacher contact via Google Classroom.

**Mrs Julie Petrovski**  
**Stage 4 Leader of Learning**





## CAPA Update

The term has moved swiftly and the students are well engrossed in their lessons. The Years 7 and 8 students are halfway through their study of Music or Visual Arts, and are developing their skills.

**Year 10 Drama** has continued with their fabulous work on Improvisation. They have been working very hard in their small groups, putting together creative ideas around various situations, characters and conflicts to create their own improvisations. They will be performing an improvisation in their group for their assessment task next week. They will also be given the opportunity to attend an incursion workshop by the Belvoir Theatre who will assist them in improving their improvisations. Looking forward to wrapping up this topic this term and to see the brilliant work that Year 10 have done over the last 11 weeks.

**Year 7 Visual Arts** have just completed their first practical assessment task creating a 'This is me' tonal self portrait work. They have used symbolism to convey a message to the audience regarding something about themselves, they did this by wearing sunglasses and placing their symbols within the framework of the glasses to 'reflect' who they are. The students were introduced to the medium of watercolour paint to add colour to their symbols and tonal work. At the end of Semester 1 there will be a showcase evening where all students work will go on display.

**Year 9 Visual Arts** have been exploring street art. They created designs in small groups and used a variety of different materials to install their designs in the main courtyard in Week 8. Some used low adhesive painters tape, others had spray chalk whilst the third material was a product called Never Wet, which is a rain repellent, allowing the work to be visible when wet. Their designs turned out well and there was much discussion in the playground. This week saw the 9VA class experiment with spray paint, following a tutorial on creating a cosmic universe design, with planets, stars and a sun. There were varied responses to the spray paint, some loved it and others struggled with the lack of cleanliness and control.

**Year 9 Photography** have just finished their unit on Darkroom photography and are now moving into Digital Photography, exploring the functions of the camera that control shutter speed, aperture and ISO and how they work together to impact on exposure. They are looking forward to attending their excursion to the city early next term.

**Year 7 and 8 Music** have been playing keyboards, guitars, xylophones, violins and drums in classroom ensembles, learning chord patterns for a variety of popular music pieces. They are now moving on to form small ensembles within their classes and choosing, arranging and rehearsing their own songs in preparation for performing them later next term.

### **Creative and Performing Arts Team**



# ICT UPDATE

## Year 7 Technology Update

At McCarthy Catholic College we wish to build a strong connection between the students, teachers and a love of learning. During our Technology Training Day, held at the start of this term we investigated the importance of taking a break from our technology devices during recess and lunch time. To strengthen the bonds formed during the Year 7 Camp we have asked our year 7 students to stay off their devices during recess and lunch until the end of the term. This will provide our students an opportunity to socialise with each other. Our class time technology expectations still apply.

## Google Classroom Guardian Guide


Once again I would like to remind our McCarthy Community about registering for our Google Classroom Guardian Guides.

When investigating your child's Google Classes please do not communicate with the teacher via the Class Comment section. These messages are shared with the entire class. It is more appropriate for our parent community to email the appropriate staff member directly or to call administration.

**Step One:** Contact a staff member that teaches your child and request guardian access. They will firstly ask for your email address and later on you will then be emailed asking you to approve that your are this child's guardian


### Mr D McGuire has invited you as a guardian in Google Classroom

You'll get a weekly summary of Alexander's progress with missing and upcoming work, as well as new teacher posts.



**Alexander**  
parrastu.catholic.edu.au

**ACCEPT** I'M NOT THEIR GUARDIAN

 You don't need Gmail or a Google account to accept.

If you accept, your contact information will be shared with Alexander, Alexander's teachers and domain administrators, and applications that they authorise for use with Classroom. [Learn more](#)

Only forward this to those you trust. Anyone with this email may be able to accept the invitation.

**Step Two:** Select how frequently you would like to be emailed summaries on your child.

### Google Classroom email summaries

Email summaries are sent to alacioppa1@parra.catholic.edu.au. [Learn more](#)

#### Frequency

How often would you like to receive an email summary of your student's activity?



**Alexander Little**  
alittle@parrastu.catholic.edu.au



Weekly

Daily

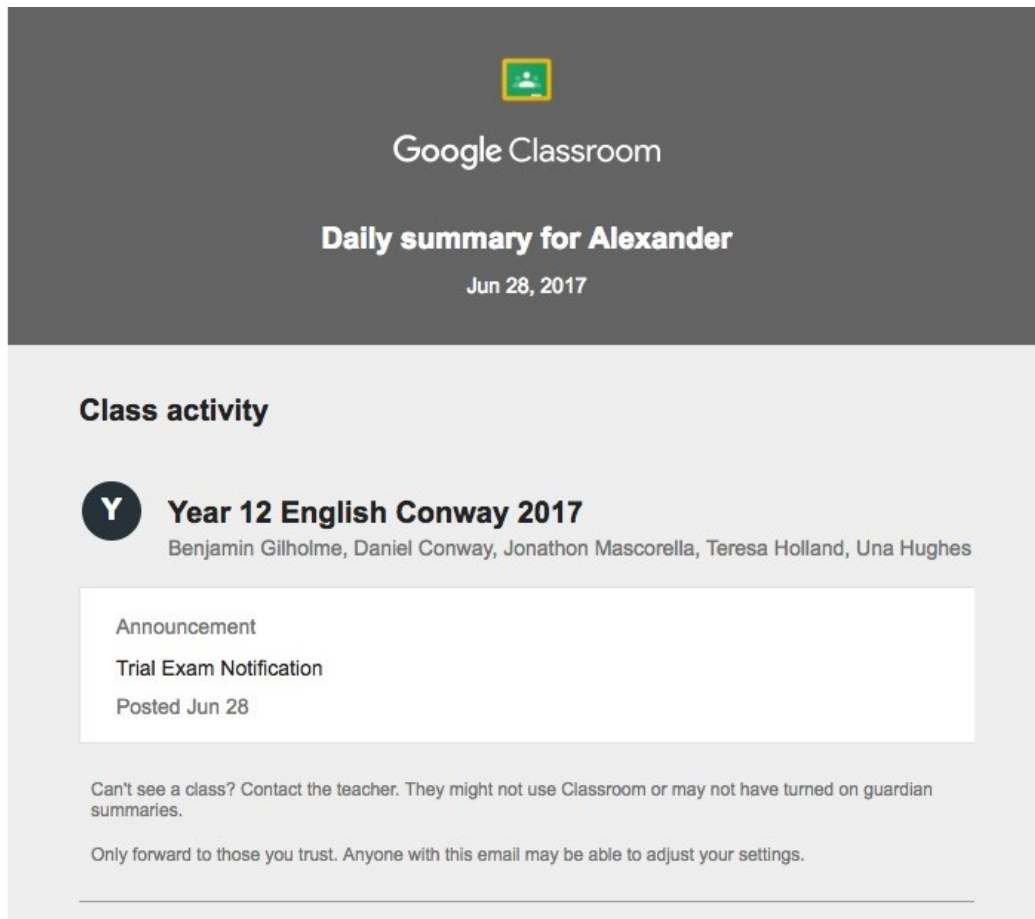
No summaries

#### Time

Daily summaries are sent each afternoon, and weekly summaries are sent on Friday afternoons.

(GMT+10:00) Eastern Time - Hobart

**Step Three:** Depending on what option you chose you will either receive summaries weekly or daily. These summaries will look like the following. The following is only a daily summary so it will show what has been assigned over this day. As you can see this student has received their HSC trial exam notification.

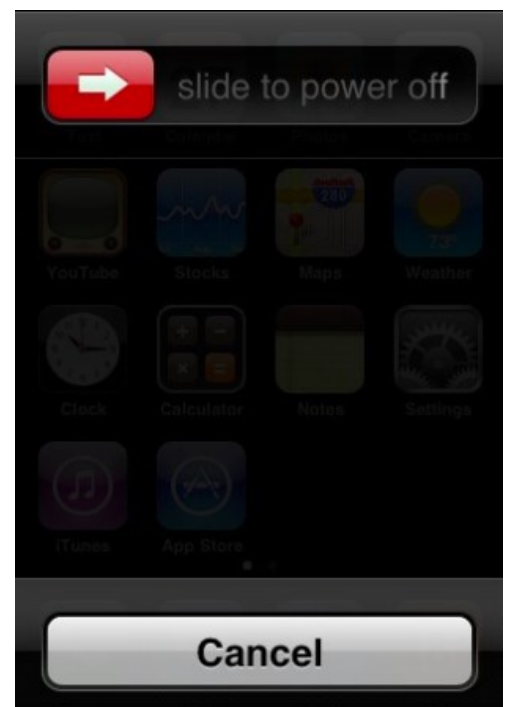


## Holiday Time and Technology

As our end of term break is fast approaching I would like to encourage all McCarthy students to follow these 4 steps when using their device during the holiday period:

1. Backup your iPad or laptop to your iCloud or to an external hard disk drive.
2. **Turn your devices off** during the holiday time and enjoy the time with family and friends.
3. A few days before school starts for Term 2 update your Operating System to the latest version and update all of your educational Apps.
4. Delete out of date emails on your school email account. Mark all as read so that you can start Term 2 fresh.

**Mr Damien McGuire**  
**Leader of Learning - Technology**



## SCHOOL FEE REMINDER

**Billing Period 1 school fees are now due.** Reminder letters have been generated by Head Office if payment has not been received or flexible payment plan not taken up. If any families are experiencing financial hardship please contact Mrs Julie Jones in the college office to discuss.



## **SPORTS REPORT**

Term 1 has seen some amazing achievements by McCarthy students, both inside the school and with their outside sporting pursuits. Congratulations to the following students on their successes;

- \* **Ethan Field** (Year 11) has been selected into the Australian U/17 Softball team. He has also just been selected into the NSW All Schools team for the 3rd year in a row. This is a Year 12 team and Ethan is only in Year 11.
- \* **Zion Tauasa** (Year 10) and **Jai Wynbergen Titoko** (Year 11) have been selected into the preliminary NSW U/16 Rugby League squad. If selected, they will play against Queensland in the curtain raiser to the Sydney State of Origin game.
- \* **Zion Tauasa** (Year 10), **Jai Wynbergen-Titoko** (Year 11), **Aman Singh** (Year 12), **Riley Bax** (Year 11) and **Jarrold Hackney** (Year 11) were all chosen in the PDSSSC U/18 Rugby League team to contest the Sydney Independent trials. Riley had to withdraw due to an injury suffered while playing for Penrith in the Harold Matthews competition, while Jarrold withdrew due to work placement.
- \* **Zion Tauasa** was selected into the Sydney Independent U/18 team to contest the NSWCCC Championships. This is a remarkable achievement considering he is only turning 16 this year.
- \* **Ryan Horne** (Year 10), **Jai Lane** (Year 10), **Nicholas Bush** (Year 10) and **Isaac Bartolo** (Year 9) were all selected into the PDSSSC U/15 Rugby League team to contest the Sydney Independent trials.
- \* **Brooke Hewerdine** (Year 12) has been selected into an Australian Oz Tag team to contest a tournament in New Zealand. **Sarah Blair** (Year 12) withdrew from this team, but will be playing for the Australian U/18 team at the World Cup later in the year.
- \* **Connor Richardson** (Year 10) will be travelling to the UK to represent Australia in a Horse riding competition.
- \* **Blake Grennell-Buckley** (Year 7) finished 2nd in an International Judo competition held in Melbourne. He trains with National Judo and wrestling Champion **Ryan Koenig** (Year 9).
- \* **Elissa Lee** (Year 9) competed very well at the State Little Athletics Championships in the High Jump, Triple Jump and 200m Hurdles. Elissa broke the High Jump record at the recent Regional championships.
- \* **Deanna Anthony** (Year 7) is a talented boxer and recently won a fight in Windang.
- \* **Keira Field** (Year 7) continues with her Softball achievements. She was the starting pitcher for the NSW Primary Schools team at the Pacific Schools Games last year and has just been named in a team to contest an International tournament in Sydney.
- \* **James Wakeling** (Year 9) has made it to the 2nd trial for Rep Cricket.
- \* **Joshua Car** (Year 12) continues his testing for racing in the Formula 4 Racing in America.
- \* **Tom Bird** (Year 9), **Liam Austin** (Year 9) and **Cooper Halfpenny** (Year 10) were members of the NSW City West team that won the Australian Futsal Association National Championships.
- \* **Angus Bolton** (Year 10) and **Harrison Bolton** (Year 8) each broke 4 records at the College Swimming Carnival. Both boys swam very well at the PDSSSC Carnival, with Angus breaking the Diocesan Record in the 200m Individual Medley. Angus and Harry will now represent the Diocese at the NSWCCC Championships.
- \* **Janaya Bent's** (Year 11) West Tigers team is still unbeaten in the Tarsha Gale Rugby League competition. **Emma Parker** (Year 12) injured her knee playing for Penrith Panthers and is currently on the injured list.
- \* **Scott Roots** (Year 9) trialled for the NSWCCC Open Baseball team. He pitched very well until rain intervened.
- \* **Chaya Ott** (Year 7) won the State Cup Oz Tag Championships undefeated.
- \* **Jack Bracken** (Year 10) made the Quarter Finals of the NSW State Cup Touch Championships.
- \* **Samantha Rowe** (Year 8) finished 2nd in Ballet at the National Dance Championships.
- \* **John McKnight** has been awarded Life Membership of the NSWCCC Rugby League for his years of service. He is the NSWCCC U/18 Boys Assistant Coach this year.
- \* **Ben Hunt** is the NSWCCC U/18 Boys Soccer Assistant Coach this year.
- \* **Brendan Luchetti** has trained a number of athletes to compete at the NSW Little Athletics State Championships, winning three medals.
- \* 111 staff and students have signed up for Relay for Life so far and have raised in excess of \$10000. They are very proud of this (and we are very proud of them!). **Mrs Kristy Rudel**, **Mrs Liz Heggart**, **Grace Chamberlin**, **Jasmine Smart** (Year 12) and **Jazmin Flanagan** (Year 10) have been instrumental in rounding up raffle prizes, for what is shaping as a very impressive raffle once again. We would love to have your support at the Penrith Paceway on Saturday 7 April.
- \* We ran a very successful swimming carnival and the **College Cross Country Carnival is to be held on Wednesday 11 April** at the College
- \* Our Open Boys soccer team were semi finalists at the PDSSSC Championships.



## ***DATES FOR YOUR DIARY...***

<b>APRIL</b>	
Friday 6th	NSWCCC Swimming Carnival
Monday 9th	MUFTI DAY - Beyond Blue Fundraiser
Saturday 7th - Sunday 8th	Relay for Life
Wednesday 11th	College Cross Country Carnival
Friday 13th	Anzac Day Ceremony 10:00am—11:00am <b>Last day of Term 1 for students</b>
Monday 30th	<b>First day of Term 2 for students</b>
<b>MAY</b>	
Friday 4th	PDSSSC Cross Country
Monday 7th	Whole School Photo Day
Tuesday 8th	Year 10: Planning My Future Day
Wednesday 9th	Year 9 and 10 Photography and Digital Media Excursion
Friday 11th	Social Justice Market Day: MUFTI DAY
Monday 14th-Friday 25th	Year 12 TTC Industry Placement
Tuesday 15th	Family Day Liturgy - 'Significant Women' - 9:00am
Thursday 24th	Year 8 and 9 Reflection Day
Tuesday 29th	Year 9, 10 and 11: Subject Market Evening
Wednesday 30th	TTC Open Information Night: 2019 Enrolments
<b>JUNE</b>	
Monday 11th	Queens Birthday Public Holiday
Tuesday 12th	Staff Professional Learning Day - <b>PUPIL FREE DAY</b>
Monday 18th	Year 7 Reflection Day
Friday 22nd	College Athletics Carnival
Tuesday 26th	Year 7-10 Parent Teacher Interviews
Wednesday 27th	Year 10 and 11: Parent and Student Subject Selection Interviews
<b>JULY</b>	
Friday 6th	<b>Last Day of Term 2 for Students</b>



## Catholic Education Diocese of Parramatta

GBW:vt

29 March 2018

Dear parents and carers

In 2018 Catholic Education Diocese of Parramatta moved to a new centralised billing system for the issuing of school fees statements to parents and carers. This initiative was implemented to take the burden off school administration.

Regrettably, many of the fee statements were late in being sent or contained inaccurate information. This was despite the significant planning and preparation that went into developing this new process.

Catholic Education Diocese of Parramatta apologises to anyone who was inconvenienced by the mistakes made with the rollout of the new system. A comprehensive review of the new process is currently underway; this will continue in the weeks and months ahead.

Thank you for your patience and understanding.

Yours sincerely

**Gregory B Whitby AM**  
Executive Director  
Catholic Education  
Diocese of Parramatta



**EARN &  
LEARN**

**TRADES/VOCATIONS INCLUDE:**

Automotive -- Carpentry  
Early Childhood Education (Childcare)  
Bricklaying -- Electrical -- Hairdressing  
Plumbing -- Hospitality (Commercial Cookery)  
Metals & Engineering (Fabrication)  
& other possibilities

# 2019 INFORMATION NIGHT



**MCCARTHY CATHOLIC TRADE TRAINING CENTRE**

**WEDNESDAY  
30 MAY 2018  
6-7:30PM**

**FOLLOW US ON:**



**/MCCARTHYTTC**



**@MCCARTHYCTTC  
#MCTTCINFONIGHT**

**COMPLETE YOUR HSC  
AND GET A HEAD START  
ON YOUR CAREER**



75 Mackellar Street  
Emu Plains  
4728 8129

**COMBINING LEARNING & WORK**

# Social Justice MUFTI Day

**Date: Friday 11<sup>th</sup> May**

**Location: Trade Training Centre**

**MUFTI DAY**



McCarthy Catholic College will once again support Jesuit Social Services Ignite Food Store.

Please bring in some of the following items to place in the trailer.

- Coffee/ Tea/ Milo
- Peanut Butter/ Vegemite/ Jams/ Honey
- Pasta/ Pasta Sauces
- Nappies
- Bathroom products
- Cooking Oil
- Breakfast Cereals
- Laundry Products
- Baby Formula
- 1 kilo bags of sugar



At recess and lunch, the Business Services and Food Technology students will be selling delicious treats to raise funds for Ignite Food Store. Don't forget to bring in your change to support this great cause!

## FAMILY ONLINE SAFETY CONTRACT

- Look overleaf for our Family Online Safety Contract.

Take a few minutes to sit down with your child and discuss what you expect from them online.

Use this time to come to an agreement on how you'd like them to use the internet and what you will do as a family if something goes wrong.

Also explain that there is a section for parents to sign and consider as well.

This is a two way agreement. Parents, will you agree to not embarrass your children with photographs and comments on social media?



Here's some examples to include.

### For kids

- I will never meet someone in person that I have only spoken to online, and I will tell my parents if someone asks to meet me.
- I will not respond to emails, instant messages or friend requests from people I don't know.
- I will put my devices to bed at night to help me get a restful sleep.

### For parents

- If you see or hear anything online that makes you feel unsafe or worried for yourself or someone else, please know that you can come to me at any time with this concern, and we will work together to find a solution. **NOTHING IS EVER SO BAD YOU CAN'T TELL A TRUSTED ADULT.**

Need help filling it out? For a version with included suggestions, visit [thinkuknow.org.au](http://thinkuknow.org.au)